

Rajasthan Sewa Samiti

Gyanodaya Shishu Mandir

International Yoga Day

Healthy Habits Begin Early



Our adorable Nursery children celebrated International Yoga Day with great enthusiasm. Yoga helped them improve balance, focus, and flexibility while having lots of fun.

Breathe, Balance, and Grow



Our Jr. KG students celebrated International Yoga Day with great enthusiasm and joy. The children actively participated in the celebration and performed various yoga poses with excitement and confidence.

Teachers explained the importance of yoga and its benefits for maintaining good physical and mental health. Through this activity, the students learned the value of staying healthy, active, and disciplined.

Little Yogis in Action



Our little yogis celebrated International Yoga Day with great enthusiasm. They performed various yoga poses and breathing exercises, learning the value of health, discipline, and inner peace. The activity was both enjoyable and beneficial, inspiring students to stay active and healthy.



Students celebrated International Yoga Day with simple yoga poses and breathing exercises. They learned the importance of health, fitness, and mindfulness. A refreshing and energetic experience for all.



"Little yogis, big steps towards a healthy future"